

Who can we help?

If you receive aged care services, we can help you have your say.

We can also assist you if you are having problems accessing the services you need.

Perhaps you:

- need help to continue living independently
- are receiving services in your home
- live in residential aged care
- receive flexible care or dementia services
- have a disability and have turned 65.

Here's how to get in contact with our Advocates:

Freecall 1800 005 131 or if you're from interstate or on a mobile call (03) 6224 2240.

You can text us on 0457 806 963, or email contact@yoursaytas.org

Visit www.yoursaytas.org to find out more.

Having your say in Aged Care




SUPPORTED BY



Funded by the Australian Government, Department of Health.

Visit www.health.gov.au for more information.

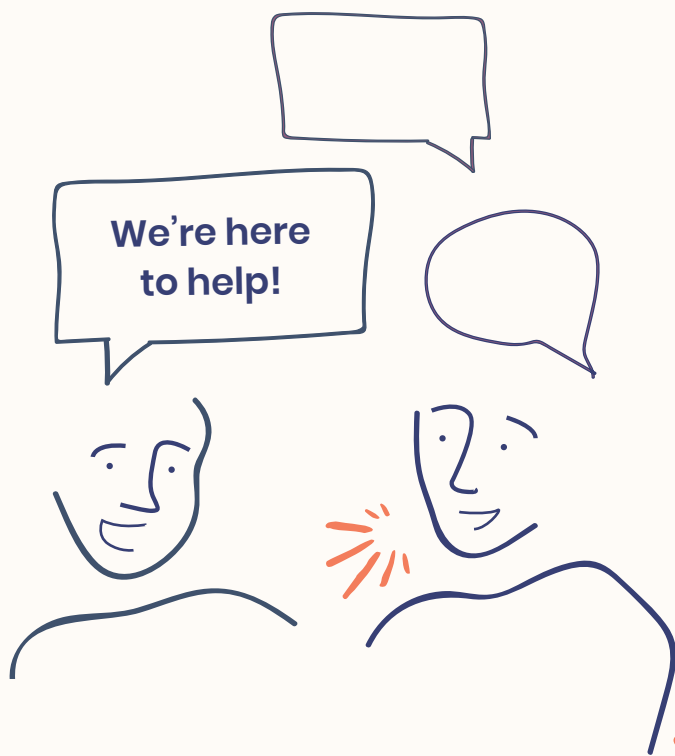
Your say Advocacy Tasmania



Things are looking up. Advocacy Tasmania is here to help.

Our Advocates are based all
around Tasmania.

Our service is free.



How can we help?

'Your Say' advocacy is all
about helping you to be
heard and understood.

Our Advocates can help you
understand your rights and
speak to someone.

Together we could speak
to your aged care home or
the Aged Care Complaints
Commissioner. Or we can
speak for you, if you prefer.

Best of all, everything we do
for you is: free, confidential,
independent and
professional!



What kinds of things can you get help with?

Older people have rights.
Your rights include:

- being treated with dignity and respect
- good quality care
- being in charge of your life, your money and your possessions
- privacy
- being informed about your rights, care and fees
- getting help from us to sort things out!