

## Who can we help?

We work with **older people**, and people with **disability**, who are **experiencing abuse**.

## We can also help you with:

- Accessing services and the advice you need
- Getting access to your information, such as from service providers and banks
- Speaking up about your wishes
- Having Power of Attorney and/or Enduring Guardianship changed
- Accessing medical assessments

## Here's how to get in contact with our Advocates

You can call the Tasmanian Elder Abuse Helpline on **1800 441 169**.

Freecall our Advocates on **1800 005 131** or if you're from interstate or on a mobile call **(03) 6224 2240**.

You can text us on **0457 806 963**, or email **contact@yoursaytas.org**

Visit **www.yoursaytas.org** to find out more.

Is someone you trust causing you harm?



SUPPORTED BY



Tasmanian  
Government

Funded by the Australian Government Department of Social Services and Department of Health.

Visit **www.dss.gov.au** and **www.health.gov.au** for more information.

**Your say**  
Advocacy Tasmania



**We are here to help.**

**Abuse can take many forms, such as someone:**

- using or taking your money without your permission
- controlling your finances
- physically hurting you
- stopping you from seeing family and friends
- calling you names or making threats
- preventing you from having food, shelter, clothing, medical care
- not allowing services to come to your home to provide care for you

## **How can we help?**

'Your Say' advocacy is all about helping you to have your say and be understood.

Our advocates can:

- Discuss what you're unhappy about
- Explain your rights
- Look at some options for dealing with your situation
- Support you to make informed decisions
- Support you if you want to access help
- Make referrals for you but only if you want us to
- Help you to talk to other services



**You have the right to:**

- Live free of abuse and neglect and to be safe
- Be treated with dignity and respect
- Be in charge of your life, your money and your possessions
- Make your own decisions, even if those decisions seem wrong to others
- Get help from us to sort things out!

Our Advocates will listen to your problem and concerns. They can give you information.

They will listen to what it is that you want.

