

Your rights

- To be treated with respect
- To receive quality service
- To be treated fairly
- To be able to complain about unfair or poor treatment without fear of punishment
- To receive information that is adequate, accurate, and presented in a way you understand
- To be properly consulted about decisions that affect you
- Not be disadvantaged because you have been diagnosed with a mental health condition or are on a pathway to recovery.



Contact us today

If you would like support from an Advocate, contact us on:

Phone: 1800 005 131 (Freecall)

Email: intake@advocacytasmania.org.au
or

SMS text: 0457 806 963

Advocacy Tasmania Inc. offers a Statewide service and has offices located in Hobart, Launceston and Devonport.

All other enquiries, please contact our office on
03 6224 2240



Freecall
1800 005 131

Visit our website:
www.advocacytasmania.org.au



'Your Say' Advocacy Mental Health Advocacy

*Free, Independent,
Confidential, Statewide
and at your Direction*



Working to Protect Your Rights

Who we are

Advocacy Tasmania Inc. is an independent, non-government organisation that provides a free, confidential advocacy service for people with a mental health related problem.

What we do

We can help you resolve problems and complaints. We provide you with information and support, and make sure your voice is heard and your rights respected. Among other things, we provide support and advocacy with:

- Medical care and treatment
- Accommodation and housing
- Guardianship and Administration (GAB) and mental health treatment orders
- Access to quality services
- Inpatient care and treatment

We do this by supporting you, or a relative, friend or carer nominated by you, to speak on your behalf to have your problem addressed. Or, we can speak for you if you wish.

Who we work with

Our mental health advocacy service is for people with a mental health condition.

We support people Statewide, whether they are in hospital, prison, or the general community (including rural and remote areas). We are located in all three regions of the state.

We support people to exercise their rights to:

- health and wellbeing as it relates to the receipt of good quality mental health services
- The right to be safe from abuse or neglect
- The right to suitable accommodation
- The right to freedom and personal liberty

How we work

We practice 'Your Say' advocacy. That means *we are on your side* and work at your direction to make sure your views and opinions are being heard and understood.

Helping you to *speak* for yourself.

If you find it hard, or are unable to speak for yourself, our Advocates *will* work in partnership with you.

Advocating for you can take a variety of forms, according to your needs.

For example, we will:

- attend meetings or hearings with you
- write letters for you
- call people on your behalf
- work hard to address your issue as best as we can.

Freecall

1800 005 131

Visit our website:

www.advocacytasmania.org.au